

# Heroes of Humanity 2009



It is with great pleasure that I invite you to The Heroes of Humanity Event held on Thursday November 5th, 2009 at 6:30 PM at the Sheraton Hotel in Downtown Dallas.

This event is sponsored by The Art of Living Foundation (AOLF) and its sister organization, International Association for Human Values (IAHV). The Foundation is represented in more than 140 countries making it one of the largest United Nations' accredited humanitarian organizations. Its founder Sri Sri Ravi Shankar is a world renowned humanitarian and has been recognized by the United Nations and nominated for The Nobel Peace Prize. The programs and service activities of The AOLF have benefited more than 25 million people from all walks of life across the globe, including victims of the events of 9/11, Kosovo, Afghanistan, the Asian Tsunami and Hurricane Katrina.

Since 2008, The AOLF has been successfully implementing Yoga of Breath workshops for the HIV/AIDS community in the DFW area. These workshops have delivered practical skills to eliminate stress and improve the immune system which results in enhanced health and greater quality of life for the participants. These 8 day, 24 hour workshops complement any existing medical regimen and have proven to be simple, cost effective, non-invasive and therapeutic. Weekly follow up programs continue the sense of community and togetherness developed during the 8 day initial workshops.

The work of The AOLF in Dallas would not be successful without the help of our local Heroes. **At the “Heroes of Humanity” event we will be honoring Heroes of our Dallas-Fort Worth community who have demonstrated their commitment to strengthen our HIV/AIDS community** and have helped create a better world for all of us. At the event, one nominee will receive the Sri Sri Ravi Shankar Award for Uplifting Human Values and six will receive the Heroes of Humanity Award.

Past Heroes of Humanity include Bob Hopkins, founder of PAVE and Philanthropy World Magazine; Tanya Pinto, founder of Baal Dan, a nonprofit organization which helps orphans; and Police Officer Charles Young of Dallas.

**The 2009 Heroes of Humanity Award Recipients are** Ms. Cheryl Edwards and Ms Janel Jones Founder/CEO/President of A Sister's Gift - Women's Center ; Ms. Cora Giddens the HIV/Healthy Relationships Program Coordinator at UT Southwestern Medical Center at Dallas; Mr. Joe Pacetti Owner of J Pacetti Precious Jewels; Rev. Steven Pace Exec. Director of AIDS Interfaith Network; Ms. Susan Wisneski Therapist at Legacy Counseling Center; Mr. William Wallace Owner and Financial advisor of Wallace Financial Group

The recipient of the Sri Sri Ravi Shankar Award will be announced on the day of the event

In addition to Dallas, the Heroes of Humanity Award will be given in more than 7 other cities across the US, culminating with a major celebration early next year in Washington, DC. At the last National Heroes of Humanity event held in 2007 at the Kennedy Center in Washington, DC, then Senator (and now Vice President) Joe Biden was the featured speaker.

The awards ceremony will be followed by light entertainment, beverages and appetizers. There is no charge to this event however attendees may RSVP at <http://www.heroesofhumanity.org/register.html>

Please feel free to contact me at [priyanka.malhotra@artofliving.org](mailto:priyanka.malhotra@artofliving.org) should you have any questions about the event.

I look forward to meeting with you at the Heroes of Humanity. Thank You.

Sincerely,

Priyanka Malhotra

Program Coordinator—Heroes of Humanity Event and The Yoga of Breath for People living with HIV

Heroes of Humanity is co-sponsored by The Art of Living Foundation  
and The International Association for Human Values  
[www.heroesofhumanity.org](http://www.heroesofhumanity.org)